

Dayville School Code and Rules for Athletic and Co-Curricular Activities

The Student Athletic Code of Conduct applies to all Dayville School Athletic Programs and school-sanctioned activities where students represent the school in public settings. Participation in extracurricular activities, such as sports, is a privilege, and not a right. The purpose of this Code is to ensure that any student who represents the District in extracurricular activities demonstrates at all times the characteristics of a good citizen of both the school and the community.

Conditions for Participation

The agreement obligates the student to abide by the Dayville student handbook, the Athletic Code of Conduct, the rules of the Oregon School Activities Association (OSAA), Dayville School District Policy, and State law.

Before a student participates in athletics or co-curricular activities, the student and a parent must complete all paperwork and sign the participation agreement annually. Students are accountable to the rules in place at the time when the participation agreement is signed and submitted. Additional expectations or rules which are unique to a particular sport or activity may be established by the head coach or advisor.

Paperwork to be on file in the school office:

- Parent permission form for participation
- Emergency medical release form
- Completed physical form (*OSAA requires a physical every two years, or after significant injury*)
- Proof of insurance or proof of school insurance purchase
- Record of fees paid

General Information

1. EQUIPMENT- Student participants will be held responsible for all issued equipment and will be expected to return the same equipment in good condition on time. Students will be charged replacement costs for lost or damaged equipment. Student must return equipment or pay equipment charges within one calendar week after a season is concluded or they will not be eligible for letters/end of season awards.
2. INJURIES - A student who has seen a physician for an injury must present a written release to the Athletic Director before returning to athletic competition. In the event of a concussion, refer to the section on ImpACT and Head Trauma and OSAA Return to Participation Form (below).
3. ATTENDANCE - Students must attend all classes on non-contest and contest days to be eligible to practice and compete. Exceptions must be approved 24 hours in advance by a school administrator.

Excused absences: illness of student, illness of immediate family member when the student's presence at home is necessary, field trips, medical/dental appointments, other reasons deemed appropriate by the school administrator when satisfactory arrangements have been made in advance of the absence

4. PRACTICE ATTENDANCE - The athlete is expected to report for practice on the first official day of practice for the sports season (except when sports seasons run together, when one week off is permitted if the athlete chooses). An unexcused absence from practice will cause the athlete to miss the next contest.
The athlete shall be expected to attend all required practices and contests. Each season is considered ended when all contests, tournaments, or meets have been completed. Refusal to participate through the end of the season shall result in the loss of any awards or recognition.
5. TRANSPORTATION - Student participants are required to ride to and from all events on school transportation. Parents may pick up their daughter or son after contests in person. A participant may ride home with another adult only if prearranged in writing with administrative approval PRIOR to departing for the event. Student participants are not allowed to drive to or from contests (except in an extreme emergency with administrative approval). On overnight trips, the team will stay together.
6. TRANSCRIPT GRADES - Students must pass five classes and have a 2.0 GPA in the prior grading period to be eligible to participate; students must miss the first contest in the next athletic season if he/she fails a class in the previous grading period.
7. ELIGIBILITY REPORTS - Students who are not passing one or more scheduled classes at noon on Monday of each week are reported. They will have a grace period of one week to demonstrate good academic standing before becoming ineligible for competition. Ineligible students will regain eligibility when all coursework is in good standing.
8. ON-TRACK TO GRADUATE - Students must maintain progress toward graduation based on OSAA/DHS credit thresholds at each grade level. Each fall, Seniors must begin the school year with 17.0 credits; Juniors must have 10.0 credits; Sophomores must have 4.5 credits. Ineligible students may discuss their status with the Athletic Director and high school administration. A Hardship Appeal may be filed based on the merits of each case.
9. EJECTIONS - Any athlete ejected from a contest must miss the next contest (OSAA Rule).
10. GENERAL APPEARANCE - The head coach of each sport shall establish general appearance rules for his/her sport. When representing Dayville school, a student participant is expected to be neat, clean, and adhere to the school dress code. Students who violate this rule will be subject to disciplinary action by the head coach.
11. POST SEASON AWARDS - Post-season recognition is at the discretion of the head coach and includes, but may not be limited to certificates, team, and individual awards.
12. VARSITY LETTER - Students must participate in at least 1/3 of all varsity games and finish the season in good standing in order to receive a varsity letter.

Student Code of Conduct Violations

The Student Code of Conduct remains in effect for ALL students on a year-round basis, including weekends, summers, vacations and holidays, whether the student athlete is on or off School District property and whether or not the student athlete is at the time participating in any school-sponsored activity or event. Infractions committed at the end of the year may be penalized in the following year.

Student Code of Conduct Consequence Ladder

FIRST OFFENSE – The student will be suspended from the next competition or activity and placed on Code probation – Step One. Student may continue to practice/participate with the approval of the head coach or advisor.

SECOND OFFENSE – The student will be suspended from the competition or activity for a maximum of four weeks and placed on Code Probation – Step Two. Student may continue to practice/participate with the approval of the head coach or advisor. If the consequence extends beyond the end of the season/activity, the student may be excused from team activities, and the time missed will continue to count toward the suspension period. Any remaining time may be applied to the next season or activity.

THIRD OFFENSE – The student will be removed for a period not to exceed one calendar year. Students may appeal consequences of a second or third offense (Appeal Process Below).

Zero Tolerance Policies

Violations of Dayville School Board Policy as well as applicable State and Federal Law threaten the health and/or well-being of students and display a general disregard for the collective reputation of Dayville School students and programs.

The following are violations of the Zero Tolerance Policies for Dayville athletics and activities:

1. Use, possession, or socializing at an un-supervised party or event in the presence of tobacco-related products, alcohol, or illegal chemical substances and unlawful drugs. A student may be found in violation of this policy based on evidence gathered from social media, investigations, police reports, or a positive drug test.

Under Oregon Law ORS 471.430(1), a parent or legal guardian must be physically present to exempt a student from discipline for attending a gathering where alcohol or tobacco are present.

2. Distribution of prohibited substances or conviction for any felony offense. Student may be referred directly to the Third Offense Consequence.

3. Hazing, harassment, bullying, cyberbullying, intimidation, and menacing.
4. Theft of property (school or others), or property damage/vandalism (whether by negligence or purposeful intent).

Students are advised to avoid situations that put them in violation of a Zero Tolerance Policy. **The required response is to 1) depart the situation immediately or contact a parent immediately for assistance, and 2) notify a coach within 24 hours, and 3) report time, place, and event details to an administrator at the beginning of the next school day.**

Students may appeal the consequences of a Zero Tolerance violation (see below).

Zero Tolerance Consequence Ladder

FIRST OFFENSE – Suspension from competition for four weeks. Student may continue to practice/participate with the approval of the head coach or advisor.

SECOND OFFENSE – Suspension from participation for not more than one calendar year and a drug/alcohol assessment. The student may resume practices at the beginning of the sport season in which he/she will regain eligibility.

THIRD OFFENSE – The student is no longer eligible to participate in any Dayville School athletic or co-curricular program.

During suspension periods, participation in practice and team activities is permitted at the discretion of the head coach or advisor. When a suspension extends beyond the end of a season, the head coach may excuse the athlete from team activities and allow the time missed to count toward suspension.

If a student quits a sport while suspended from competition, the remainder of the suspension will carry forward and be applied to the next sport season in which he/she has historically participated.

Consequences for off-season violations will be enforced from the date of the administrative decision into the next sport season in which the athlete has historically participated. Students are not permitted to turn out for a new sport while suspended from competition.

Appeal Process

1. Student who is suspended from participation under the Zero Tolerance Policies or Step Two or Three under the Code of Conduct will be notified of his/her right to appeal at the time the suspension goes into effect.
2. A request for appeal must be made in writing no more than three school days after notification of suspension. The request should state specific reason for the appeal. A parent/guardian must countersign the request for a student under 18 years of age on the date of the alleged infraction.
3. Within three school days from the receipt of the written request an administrator will schedule and notify the student and his/her representative of the date and time of the hearing.
4. The appeal hearing will convene no more than 7 calendar days from the receipt of the written request. The hearing will be conducted by the administrator.

IMPACT AND HEAD TRAUMA

The ImPACT Testing Program helps DHS safely manage an athlete's return to play after an injury and more specifically after a head injury. Please look over this information.

What is ImPACT?

ImPACT stands for Immediate Post-concussion Assessment and Cognitive Test. It is a sophisticated software program that helps sports-medicine clinicians evaluate recovery following concussion. ImPACT is a computer test that evaluates multiple aspects of neurocognitive functioning including memory, brain processing speed, reaction time and post-concussive symptoms.

ImPACT is currently the most widely utilized computerized concussion management program in the world and has been implemented effectively for high school, collegiate, and professional athletes. This program was developed by research neuropsychologists, neurologists and physicians at the University of Pittsburgh Medical Center (UPMC).

Baseline ImPACT Testing

A baseline ImPACT test is required as a condition of participation for all athletes and consent to conduct the test is given when the paperwork for Athletic and Co-Curricular Rules is signed.

The baseline test takes approximately 30 minutes and is similar to giving the brain a physical for the purpose of establishing normal levels of performance.

Post-Concussion ImPACT Testing

After an athlete suffers a concussion, a medical evaluation is recommended followed by a "post-concussion" ImPACT test. Post-concussion testing should be taken within 48 to 72 hours after the injury. Additional diagnostic testing may be ordered, such as a MRI or a CT scan, to rule out structural injury to the skull or brain. In spite of the fact that these tests are usually normal, a serious concussion may still have occurred.

In the event that an athlete has not taken a baseline test, ImPACT Inc. has established normative data that is age and gender specific. These norms can be used to assist in evaluating a concussed athlete's recovery, but they do not replace the value of an athlete's personal baseline test.

After a suspected head injury, an athlete will return to play based on ImPACT evaluation results and the recommendation of a physician.

If you have questions concerning the ImPACT Program, please contact: Tiffnie Schmadeka ,(541) 987-2412, or email: schmadekat@grantessd.k12.or.us

ImPACT assists in:

- **Protecting the Student-Athlete**

- Determining safe return to sport
- Preventing the cumulative effects of repeated concussions
- Providing objective data to help assess an athlete's recovery

- **Baseline Test:**

- The base line test is a pre-injury measurement of an athlete's cognitive function.
- Should an athlete sustain a concussion, post-injury tests can be compared to a baseline data and provide valuable information that aids in the return-to-sport decision.
- Baseline tests are recommended for any athlete ages 13 and up and especially for those who participate in contact sports.

- **Post-Concussion Test:**

- If a concussion occurs, a post-concussion test would be administered 48 to 72 hours after the injury, and interpreted by a medical physician.
- These results are then compared with the baseline data to assist in determining the degree of recovery. Additional post-injury tests may be required until complete recovery has occurred.
- The test is Internet-based and should be taken in a controlled setting. The test takes 30 minutes to complete. ImPACT is not a S.A.T or IQ test, but evaluates brain function.

NOTICE OF ATHLETIC CODE OF CONDUCT VIOLATION

To: Parents/Guardian and Student Athlete: _____

Please be advised that I have received information which, if true, may constitute a violation of the School District's Athletic Code of Conduct governing the participation in interscholastic athletics. As a member of the _____ team, you have agreed to be bound by this Code of Conduct and any violations may affect _____ continued eligibility to participate.

Provision of Code Alleged to be Violated: _____

Details of Violation (time, place, specifics):

Please be advised that, in accordance with the School District Athletic Code of Conduct, I must render a decision with respect to the above allegations. You (parents and student-athlete) have the right to meet with me and the coach to discuss these allegations. A meeting for that purpose has been scheduled for _____ at ___:___ in my office. If you do not attend such meeting, I will render a decision based on the information which has been provided to me. If you cannot attend the meeting at the prescribed time, please notify me so that the meeting can be rescheduled at a mutually convenient time.

Athletic Director

ATHLETIC CODE OF CONDUCT ACKNOWLEDGMENT

PLEASE RETURN THIS SHEET TO THE COACH OR ATHLETIC DIRECTOR

I have read the above Code of Conduct and agree to follow it. I understand the consequences of my actions which violate these rules, as set forth above, which may include suspension or removal from the _____ team.

Student-Athlete (Sign name)

Date

Student-Athlete (Print name)

I have read the above Code of Conduct and am aware of its implications for my son/daughter. Further, I will do my best to see to it that he/she follows said rules. In addition, my signature confirms that my child has had no illnesses or injuries that should limit his/her participation in high school athletics or the extracurricular activity of his/her choice.

Parent/Guardian Date

Date

Address: _____

Telephone No.: _____
(home)